

# Summer 2025 At The Racquets Club





# Gym

State-of-the-art, air-conditioned gym sprawling two floors, featuring Life Fitness equipment, functional training zones, and immersive cardio areas.

Enjoy a variety of daily, expert led classes including spinning pilates, strength, mobility, HIIT and more....

Daily, weekly, monthly memberships available.

8.00 - 21.00 Monday to Friday 9.00 - 20.00 Saturday & Sunday 🔮 Yoga

Join us to connect your body, breath, and mind.

Monday, Wednesday & Friday 11.30 - 12.30

€15 per session.

# **PICKLEBALL**



### Intro to Pickleball

Scoring, serving, skills and drills. Getting the feel for the ball on the paddle is the first step but you'll also need to know the rules. Enjoy 90 minutes of fun-filled group tuition to get you on your way. €15, Equipment hire included.

Tuesday 17.00 - 18.30



### Intro to Pickleball Juniors

Giving our youngsters the chance to learn the basics and the skills to enjoy playing this fun game. €15 per session, Equipment hire included.

Monday 17.00 - 18.30



### Pickleball Socials

Good vibes, great rallies and real cardio. Practice your skills meet other players. Standards are varied so be prepared to celebrate brilliant shots and commiserate your partners misses! €15 per session, includes complimentary drink.

Wednesday & Sunday 17:00 - 18.30



A fun way to keep kids entertained with indoor & outdoor activities plus plenty of chances to make new friends!

### Monday - Friday

Day or week attendance available 4-9 years.

9.00 - 11.00 €25 Day €115 Week 9.00 - 13.00 €45 Day €200 Week



Led by our experienced coaching team, our tennis academies combine high-level technical instruction with a dynamic, social atmosphere designed to engage and inspire. Tailored for improvers to advanced players, participants are grouped according to ability and follow a structured weekly program focused on enhancing their clay court performance through targeted drills, tactical development, and competitive match play. Monday - Friday

- Adult Academy 9.00 11.00
- Advanced Adult Academy 8.00 9.00
- **Pro Academy** 10.00 13.00 & 17.00 to 19.00 tue and thurs

- Junior Academy 11.00 13.00
- Green Ball Performance 11.00 13.00
- Red Ball 10.00 11.00

Full academy descriptions and pricing can be found on our website: www.lmctennis.com



# Mixed Noubles Tournament

Join us for some friendly competition in our Mixed Doubles Tournament! Make it to the final and showcase your skills on the prestigious exhibition court.

Wednesdays 17.00 - 19.00

€18 per player includes complimentary drink



# Club Afternoon

Join us for Club Afternoon at The Racquets Club, an easygoing, coach-led tennis session where players enjoy relaxed matchplay, light guidance, and great company under the afternoon sun.

Mondays and Fridays 17.00 - 18:30

€15 per session, includes complimentary drink.



# Coaching

Sign up for a coaching session with one of our professional coaches and learn new skills on holiday.

Individual coaching available for all ages and abilities.



# Exhibition night

kickstart your night with refreshing drink and soak up the fun-packed action at The Racquets Club's thrilling tennis showdowns!

Fridays 19.15



# 2) Adult & Junior Academy

Got the bug for the world's fastest-growing sport? Take your game to the next level with our Padel Academies. Led by experienced coaches, our programs combine high-level technical instruction with a fun, social atmosphere designed to inspire and challenge. Whether you're looking to sharpen your skills or gain a deeper tactical understanding, players are grouped by ability and follow a structured weekly program focused on improving performance and matchplay. Why not further your development and join one of our academies? Full program details and pricing can be found at www.lmctennis.com.

Monday - Friday 9.00 - 11.00 Adults Monday - Friday 11.00 - 13.00 Juniors



Enjoy playing with new partners and meeting other padel fans.

Monday, Wednesday & Friday 17.00 - 18.30 Sundays 11.00 - 12.30

€17pp includes a complimentary drink.

# Competitive Social Padel

For Intermediate players and above. Enter as a pair

Tuesday & Thursday 17.00 - 18.30 €17pp Includes a complimentary drink.



### advanced Padel

Our Advanced Adult Program is a highintensity, one-hour daily session for very experienced players with good fitness. Focused on fast-paced drills and tactical play, it's designed to challenge and elevate your game

Monday - Friday 8.00 - 9.00



## Open Tournament

Ready to step into competitive padel matches? Sign up for our Saturday afternoon tournament.

(Intermediate/advanced players)

Saturdays 17.00 - 19.00 €18pp, team entry required



# Exhibition night

Watch the pros go head-to-head in a thrilling Padel showdown, fast paced, high stakes action guaranteed to spark plenty of oohs and aahs.

Thursdays 19.15



# **Coaching**

Book a private coaching session with our experienced coaches to enhance your Padel skills in the sun.

We offer individual coaching for all ages and abilities.



# Monday

8.00 - 9.00 Advanced Tennis & Padel

9.00 - 11.00 Adult Tennis & Padel Academy

9.00 - 13.00 Kids Club

10.00 - 13.00 Pro Tennis Academy

10.00 - 11.00 Red Ball Tennis Academy

11.00 - 13.00 Junior Tennis & Padel Academy

**11.30 - 12.30** Yoga

17.00 - 18.30 Intro To Pickleball Junior

17.00 - 18.30 Social Padel

17.00 - 19.00 Tennis Club Afternoon

### Juesday

8.00 - 9.00 Advanced Tennis & Padel

9.00 - 11.00 Adult Tennis & Padel Academy

9.00 - 13.00 Kids Club

10.00 - 13.00 Pro Tennis Academy

10.00 - 11.00 Red Ball Tennis Academy

11.00 - 13.00 Junior Tennis & Padel Academy

17.00 - 18.30 Intro To Pickleball

17.00 - 18.30 Competitive Social Padel

17.00 - 19.00 Pro Tennis Academy

### Wednesday

8.00 - 9.00 Advanced Tennis & Padel

9.00 - 11.00 Adult Tennis & Padel Academy

9.00 - 13.00 Kids Club

10.00 - 13.00 Pro Tennis Academy

10.00 - 11.00 Red Ball Tennis Academy

11.00 - 13.00 Junior Tennis & Padel Academy

11.30 - 12.30 Yoga

17.00 - 18:30 Social Padel

17:00 - 18.30 Pickleball Social

17.00 - 19.00 Mixed Doubles Tennis Tournament

Thursday

8.00 - 9.00 Advanced Tennis & Padel

9.00 - 11.00 Adult Tennis & Padel Academy

9.00 - 13.00 Kids Club

10.00 - 13.00 Pro Tennis Academy

10.00 - 11.00 Red Ball Tennis Academy

11.00 - 13.00 Junior Tennis & Padel Academy

17.00 - 18.30 Competitive Social Padel

17.00 - 19.00 Pro Tennis Academy

19.15 - 20.15 Padel Exhibition

# Friday

8.00 - 9.00 Advanced Tennis & Padel

9.00 - 11.00 Adult Tennis & Padel Academy

9.00 - 13.00 Kids Club

10.00 - 13.00 Pro Tennis Academy

10.00 - 11.00 Red Ball Tennis Academy

11.00 - 13.00 Junior Tennis & Padel Academy

11.30 - 12.30 Yoga

17.00 - 18.30 Social Padel

17.00 - 19.00 Tennis Club Afternoon

19.15 - 20.15 Tennis Exhibition

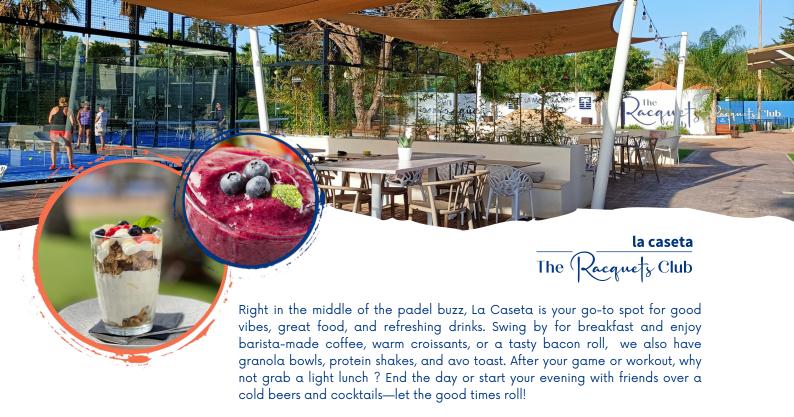
## Saturday

17.00 - 19.00 Open Padel Tournament

# Sunday

11:00 - 12:30 Social Padel

17:00 - 18.30 Pickleball Social



Open Everyday from 8:15



Overlooking the Exhibition Court, our spacious terrace is the perfect place to unwind after an exhilarating day at The Racquets Club. Enjoy a carefully curated menu featuring fresh salads, premium steaks, hearty pastas, and more. Sit back, relax, and savour great food and wine in a stunning setting.

July & August opening times: Monday - Friday from 18.30

To Book a Table Call or WhatsApp +34 604 409 559